

### LUNCH PRICES:

Student \$3.30/\$4.20 Tier(T)  
Reduced \$.40  
Adult \$4.50/\$5.30\*

www.schoolcafe.com for online payments  
Instructions found at www.wjhsd.net

Paper Check? No problem. Make checks payable to "WJHSD Cafeteria Fund"

### What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or Meat Alternate  
Choice of Vegetable  
Choice of Fruit  
Grain/Bread  
Choice of Milk

### Daily Vegetable Choices May Include:

Spinach, Broccoli, Romaine Salad, Spring Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Lima Beans, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans, Cabbage and Green Peppers

### Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

### GRAD AND GO SALADS AND SANDWICHES

Choices May Include: Vegetable Garden Salad w / roll  
Ham or Turkey Salad w/ Roll  
Chef's Salad w/ roll  
Greek Salad w/ Roll  
Strawberry Spinach Salad w/ Roll  
Caprese Pasta Salad with Roll  
Ham & Cheese Wrap or Turkey and Swiss on Baguette  
Buffalo chicken Wrap  
Taco Chicken Wrap  
Chicken Caesar Wrap  
Roast Beef and Cheddar Wrap  
Italian Wrap



John Rambo

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Try SchoolCafe.com for menus and Nutritional Information  
Menu Subject to Change based on product availability.  
USDA is an equal opportunity provider and employer.

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  |
|--|--|---|--|---|
| <b>BISTRO 1776</b>   |  |   |  |   |
| <p><b>29-Apr</b><br/>Open Faced<br/>Hot Turkey Sandwich<br/>or<br/>Popcorn Chicken</p> <p><b>FEATURED VEGGIES</b><br/>Mashed Potatoes<br/>Romaine Side Salad<br/>Choice of Fruit<br/>Choice of Milk</p>              | <p><b>30-Apr</b><br/><b>Soup &amp; Baked Potato Bar(T)</b><br/>Choice of Soup paired with a Baked Potato and choice of Toppings</p> <p><b>FEATURED VEGGIES</b><br/>Steamed Broccoli<br/>Coleslaw<br/>Choice of Fruit<br/>Choice of Milk</p>              | <p><b>1-May</b><br/><b>WING IT WEDNESDAY</b><br/>Wing Bar (T)<br/>Bone in or Boneless<br/>Choice of Sauce</p> <p><b>FEATURED VEGGIES</b><br/>Crinkle Cut Oven Fries<br/>Sliced cucumbers<br/>Choice of Fruit<br/>Choice of Milk</p>           | <p><b>2-May</b><br/>General Tso's Chicken(T)<br/>server over Fried Rice with an egg roll</p> <p><b>FEATURED VEGGIES</b><br/>Oriental Mixed Vegetable<br/>Broccoli Salad<br/>Choice of Fruit<br/>Choice of Milk</p>                                       | <p><b>3-May</b><br/><b>Pasta Bar</b><br/>Choice of Pasta &amp; Sauce<br/>Choice of Chicken or Meatballs<br/>Garlic Breadstick</p> <p><b>FEATURED VEGGIES</b><br/>Side Caesar Salad<br/>Steamed Mixed Veggies<br/>Choice of Fruit<br/>Choice of Milk</p> |
| <p><b>6-May</b><br/>Chicken Tikka Masala with Naan Bread</p> <p><b>FEATURED VEGGIES</b><br/>Cilantro Lime Rice<br/>Glazed Carrots<br/>Choice of Fruit<br/>Choice of Milk</p>   | <p><b>7-May</b><br/><b>TJ Chipotle(T)</b><br/>Choice of Chicken, Beef or Pork, rice, beans peppers &amp; onions and all the toppings</p> <p><b>FEATURED VEGGIES</b><br/>Black Beans<br/>Fresh Garden Salsa<br/>Choice of Fruit<br/>Choice of Milk</p>    | <p><b>8-May</b><br/><b>WING IT WEDNESDAY</b><br/>Wing Bar (T)<br/>Bone in or Boneless<br/>Choice of Sauce</p> <p><b>FEATURED VEGGIES</b><br/>Crinkle Cut Oven Fries<br/>Carrot &amp; Celery Sticks<br/>Choice of Fruit<br/>Choice of Milk</p> | <p><b>9-May</b><br/><b>Breakfast Bar</b><br/>French Toast Sticks<br/>Belgian Waffle<br/>Eggs, Bacon, Sausage<br/>Home fries</p> <p><b>FEATURED VEGGIES</b><br/>Cucumber Salad<br/>Cinnamon Apples<br/>Choice of Fruit<br/>Choice of Milk</p>             | <p><b>10-May</b><br/>Hot Turkey Sandwich with Gravy or Italian Dunker w/Dipping Sauce</p> <p><b>FEATURED VEGGIES</b><br/>Steamed Corn<br/>Oven Fries<br/>Choice of Fruit<br/>Choice of Milk</p>   |
| <p><b>13-May</b><br/><b>BAR-B-QUE DAY</b><br/>Pulled Pork BBQ or Grilled BBQ Chicken</p> <p><b>FEATURED VEGGIES</b><br/>Creamy Coleslaw<br/>Red &amp; Green Pepper Strips<br/>Choice of Fruit<br/>Choice of Milk</p> | <p><b>14-May</b><br/><b>THANKSGIVING DINNER</b><br/>Oven Roasted Turkey<br/>Bread Stuffing<br/>Mashed Potatoes<br/>Turkey Gravy</p> <p><b>FEATURED VEGGIES</b><br/>Garden Peas<br/>Carrot &amp; Celery Sticks<br/>Choice of Fruit<br/>Choice of Milk</p> | <p><b>15-May</b><br/>General Tso's Chicken(T)<br/>server over Fried Rice with an egg roll</p> <p><b>FEATURED VEGGIES</b><br/>Oriental Mixed Vegetable<br/>Broccoli Salad<br/>Choice of Fruit<br/>Choice of Milk</p>                           | <p><b>16-May</b><br/>Popcorn Chicken Bowl<br/>Popcorn Chicken over Mashed Potatoes &amp; Corn with Chicken Gravy</p> <p><b>FEATURED VEGGIES</b><br/>Mashed Potatoes<br/>Steamed Corn<br/>Choice of Fruit<br/>Choice of Milk</p>                          | <p><b>17-May</b><br/>Crispy Fish Sandwich with Tarter Sauce or Homemade Lasagna</p> <p><b>FEATURED VEGGIES</b><br/>Steamed Mixed Vegetable<br/>Side Caesar Salad<br/>Choice of Fruit<br/>Choice of Milk</p>   |
| <p><b>20-May</b><br/>Buffalo Chicken Pasta or Pierogis with Onions</p> <p><b>FEATURED VEGGIES</b><br/>Ranchero Carrots<br/>Celery Sticks<br/>Choice of Fruit/Milk<br/><b>Act 80 2 Hour Delay Day</b></p>             | <p><b>21-May</b><br/>Nacho Grande or Mini Corn Dogs</p> <p><b>FEATURED VEGGIES</b><br/>Black Beans<br/>Mexicali Corn<br/>Choice of Fruit<br/>Choice of Milk</p>  | <p><b>22-May</b><br/><b>WING IT WEDNESDAY</b><br/>Wing Bar (T)<br/>Bone in or Boneless<br/>Choice of Sauce</p> <p><b>FEATURED VEGGIES</b><br/>Curley Fries<br/>Side Salad<br/>Choice of Fruit<br/>Choice of Milk</p>                          | <p><b>23-May</b><br/><b>Pasta Bar</b><br/>Choice of Pasta &amp; Sauce<br/>Choice of Chicken or Meatballs<br/>Garlic Breadstick</p> <p><b>FEATURED VEGGIES</b><br/>Side Caesar Salad<br/>Steamed Mixed Veggies<br/>Choice of Fruit<br/>Choice of Milk</p> | <p><b>24-May</b><br/><b>Teacher In-Service</b><br/><br/><b>No School for Students</b></p>   |
| <p><b>27-May</b><br/><b>Memorial Day</b><br/><br/>Happy Memorial Day<br/><b>No School</b></p>  | <p><b>28-May</b><br/><b>TJ Chipotle(T)</b><br/>Choice of Chicken, Beef or Pork, rice, beans peppers &amp; onions and all the toppings</p> <p><b>FEATURED VEGGIES</b><br/>Black Beans<br/>Fresh Garden Salsa<br/>Choice of Fruit<br/>Choice of Milk</p>   | <p><b>29-May</b><br/>Popcorn Chicken Bowl<br/>Popcorn Chicken over Mashed Potatoes &amp; Corn with Chicken Gravy</p> <p><b>FEATURED VEGGIES</b><br/>Mashed Potatoes<br/>Steamed Corn<br/>Choice of Fruit<br/>Choice of Milk</p>               | <p><b>30-May</b><br/><b>Hot Dog Bar</b><br/>2 Grilled Dogs with toppings or Chefs Choice</p> <p><b>FEATURED VEGGIES</b><br/>Curly Fries<br/>Celery Sticks<br/>Choice of Fruit<br/>Choice of Milk</p>   | <p><b>31-May</b><br/>Macaroni And Cheese or Chefs Choice</p> <p><b>FEATURED VEGGIES</b><br/>Baby Carrots<br/>Green Beans<br/>Choice of Fruit<br/>Choice of Milk</p>   |

## GRILLE FIFTYSTONE

CHECK OUT OUR HOPPY MEAL - Every Tuesday In honor of Coach Hoppy!! Other choices may include Hamburgers, Cheeseburgers, Double Cheeseburgers(T), Jaguar Burgers(T), Corn Dogs, Grilled Jumbo Hot Dogs, Quesadillas, Grilled Chicken Sandwiches, Cheese Steak Hoagies, Specialty Burgers(T), Texas Toast Grilled Cheese with Tomato Soup, and more!!!

## VILLA MONTICELLO

Choice of fresh baked pizza!!! Choices may include Hand Tossed(T), Deep Dish(T), French Bread, Flat Bread, Sicilian Style(T), Big Daddy's(T), Detroit Style(T), Calzones(T), and Pepperoni Rolls(T).

## THE CHAMPION OF ALL CHICKEN CHERP'S CHICKEN

Choices may include Chicken Patty on a bun, Spicy Chicken Patty on a bun, Grilled Chicken Sandwich, Popcorn Chicken, Chicken Nuggets, Chicken Fries, Chicken Wings(T), Chicken Sliders, or Chicken Tenders.

## Declaration DELI

Made to order Chopped Salads, Sandwiches, and Wraps with an assortment of fresh deli meats and cheeses. You can pick from the wide variety of fresh toppings to tailor it just the way you want it. Toast your sandwich in the Panini Press or over at Villa Monticello. Check out our Fresh Soups too!!! All Served Daily!